PRE-TRIP CHECKLIST FOR A

Off-road 4x4 excursion



DATE

MAKE OF VEHICLE

REGISTRATION

KM READING

KM

All the items in the "ITEMS TO BE CHECKED" column must be checked by operators before operating equipment.

Indicate whether each item is in a serviceable condition (using a tick) or not (using a cross). If irrelevant, write n/a in the comments section. If defective, comment on the exact nature of the defect and do not operate until reported and corrected. A new checklist then needs to be filled in and retained indicating that all parts are serviceable.

PERSONAL PROTECTIVE EQUIPMENT REQUIRMENTS

For 4x4 trips, essential PPE includes sun protection, hiking boots, gloves, and insect repellent.

Always wear seatbelts. Use dust masks in dusty areas and safety glasses for repairs. In recoveries, wear helmets.

For camping, have waterproof gear, snake gaiters, a life jacket, and torch. Adjust for specific environments.

Evaluate trip-specific risks.

ITEMS TO BE CHECKED	٧×	ITEMSTO BE CHECKED	X
VEHICLE PREPARATION:		ENVIRONMENTAL CONSIDERATIONS:	
CHECK TIRE PRESSURE & CONDITION		PLAN FOR WASTE DISPOSAL	
TEST BRAKES AND LIGHTS		KNOW THE LOCAL FLORA & FAUNA	
EXAMINE BATTERY & CONNECTIONS		RESEARCH EXPECTED WEATHER	
INSPECT BELTS & HOSES		LEARN AREA-SPECIFIC HAZARDS	
ENSURE 4X4 SYSTEM IS WORKING		UNDERSTAND LOCAL REGULATIONS	
VERIFY COOLANT & OIL LEVELS		BACKUP & CONTINGENCIES:	
CHECK AIR FILTERS		CARRY SPARE TIRE & JACK	
PACK ESSENTIAL TOOLS		INCLUDE TIRE REPAIR KIT	
INCLUDE RECOVERY EQUIPMENT		PACK ADDITIONAL FUEL	
FUEL UP		HAVE SPARE VEHICLE KEYS	
NAVIGATION & COMMUNICATION:		PREPARE A BACKUP ROUTE	
UPDATE GPS MAPS		EQUIPMENT & GEAR:	
CHARGE SATELLITE PHONE		TEST WINCH	
PACK PHYSICAL MAPS		INSPECT SHOVELS & TOOLS	
CHECK COMPASS		CONFIRM AIR COMPRESSOR	
SHARE TRAVEL ITINERARY		ENSURE TIE-DOWN STRAPS	
SAFETY & FIRST AID:		PACK JUMPER CABLES	
REFILL FIRST AID KIT		ENTERTAINMENT & COMFORT:	
INCLUDE SNAKEBITE KIT		CHARGE CAMERA	
CHECK FIRE EXTINGUISHER		STOCK BOOKS OR GAMES	
VERIFY EMERGENCY BEACONS		CONFIRM CHARGING EQUIPMENT	
STOCK EMERGENCY WATER & FOOD		PACK CHAIRS & TABLE	
CAMPING & OVERNIGHT:		INCLUDE NON-PERISHABLE SNACKS	
CHECK TENT & PEGS		MISCELLANEOUS:	
INSPECT SLEEPING BAGS		51.TEST WALKIE-TALKIES	
VERIFY COOKING EQUIPMENT		BRING EXTRA CASH	
STOCK SUFFICIENT FOOD & WATER.		ENSURE VALID PERMITS	
CONFIRM FLASHLIGHT & BATTERIES.		PACK SUNGLASSES & HAT	
CLOTHING & PERSONAL ITEMS:		CONFIRM TRAVEL INSURANCE	
PACK WEATHER-APPROPRIATE ATTIRE		CHECK TRAVEL DOCUMENTATION	
BRING SUN PROTECTION		UPDATE EMERGENCY CONTACT LIST	
ENSURE STURDY FOOTWEAR		CHARGE ALL ELECTRONIC DEVICES	
STOCK INSECT REPELLENT		REVIEW VEHICLE MANUAL	
GATHER PERSONAL MEDICATIONS		CARRY A LOCAL LANGUAGE GUIDE OR APP	

"In off-roading, as in life, it's not about avoiding the obstacles; it's about tackling them head-on."